



## THYROID & ADRENAL RESEARCH INSTITUTE

10575 N. 114<sup>th</sup> Street, Suite 103

Scottsdale, AZ 85259 USA

[www.thyroidinstitute.org](http://www.thyroidinstitute.org)

### Medical Consultation Protocol

1. Submit a letter (on your clinic letterhead) requesting a medical consultant to review your patient records and to obtain medical consultation through TARI credited physician listed below.
2. Include these required Information about your patient:
  - Patient contact information
  - History of Present Illness
  - ThyroFlex Symptom Survey
  - Past Medical History
    - Allergy
    - Current Medications and dosage schedule
    - Surgeries
    - Hospitalizations
    - Immunizations
  - Family History
  - Physical Examination
    - Height, Weight, Body Mass Index
  - Basal Body Temperatures
  - Pulse rate
    - Orthostatic Blood Pressure
  - Specific detail to thyroid and adrenal findings (see Symptom Survey)
  - Laboratory
    - ThyroFlex
    - CBC
    - Chemistry Panel
    - TSH, T3U, T4, T7, Free T3, Free T4

It is a good idea to include a digital photograph.
3. **A medical consultation report will be sent to you along with a medical consultation bill for \$300/hr (minimum charge of 1 hr).**

*Dr. Konrad Kail, PA, ND*

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